

Surrey Health and Wellbeing Board

Date of meeting	06 November 2014

Item / paper title: An update on Developing a Preventative Approach Priority Action Plan

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Purpose of item / paper	The purpose of the paper is to review progress made in turning strategic priorities into actions, consider a set of proposed actions and agree which actions should be taken forward as part of the next steps.
Surrey Health and Wellbeing priority(ies) supported by this item / paper	The paper outlines the progress to date and next steps needed to implement the 'Developing a Preventative Approach' priority of the Joint Surrey Health and Wellbeing Strategy.
Financial implications - confirmation that any financial implications have been included within the paper	The development of the priority action plan is in its early stages and one of the next steps will be to consider the financial implications for all the actions.
Consultation / public involvement – activity taken or planned	Large scale engagement took place as part of the prioritisation process that resulted in Surrey's five health and wellbeing priorities. This engagement included over 900 people from a range of organisations from across Surrey. The development of the action plans is in its early stages and one of the next steps should include engagement with stakeholders.
Equality and diversity - confirmation that any equality and diversity implications have been included within the paper	The development of the priority action plan is in its early stages and one of the next steps will be to consider the equality and diversity implications for all the actions.
Report author and contact details	Helen Atkinson: Director of Public Health, Surrey County Council - Helen.atkinson@surreycc.gov.uk
Sponsoring Surrey Health and Wellbeing Board Member	Helen Atkinson: Director of Public Health, Surrey County Council - Helen.atkinson@surreycc.gov.uk John Jory: Chief Executive Reigate and Banstead Borough

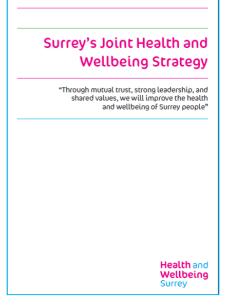
	Council - <u>john.jory@reigate-banstead.gov.uk</u>
Actions requested	The Surrey Health and Wellbeing Board is asked to:
/ Recommendations	 Review progress made since the March Board in turning strategic priorities into actions.
	 Endorse the proposed approach to a developing the Prevention Priority Plan, and specifically the two-staged approach.
	 Agree to receive a further update report and action plan following the completion of phase two of the priority planning.

1. Background / context

Surrey's Joint Health and Wellbeing Strategy sets out five priority areas for Surrey's Health and Wellbeing Board to focus upon - these are:

- Improving children's health and wellbeing
- > Developing preventive approach
- Promoting emotional wellbeing and mental health
- Improving older adults' health and wellbeing
- Safeguarding population

In developing its work programme, and to ensure sufficient focus and time is spent on each priority, the Board decided to tackle each of the five priorities in turn with the aim of translating the high level strategic intentions described in the Strategy into clear sets of actions for the Board and its member organisations to take forward together.



The Board has also agreed a set of cross cutting principles which underpin the Board's work on each of the priority areas:

- > Early intervention
- Improved outcomes
- Centred on the person, their families and carers
- Evidenced based
- Opportunities for integration
- Reducing health inequalities

This report provides an update on the work that has been undertaken to develop the Health and Wellbeing Board's action plan for the 'Developing a preventative approach' priority – it sets out the rationale for focussing on prevention (the evidence base), summarises the work undertaken so far and sets out a proposed approach and set of next steps for taking the priority planning forward.

2. Why prevention? – the evidence base

Ill-health prevention must form the foundation of any strategy to improve health and wellbeing. The evidence base for this is substantial, and includes:

- The Global Burden of Disease Survey 2010
- The US County Health Rankings Model
- The Marmot Review

The Global Burden of Disease Survey 2010 - Leading Risk Factors

The Global Burden of Disease 2010 study is the largest study ever undertaken, and shows that in the UK, the contribution of unhealthy behaviours to the overall burden of disease is enormous. This represents a key opportunity to improve health and wellbeing through targeting these behaviours through a prevention strategy.

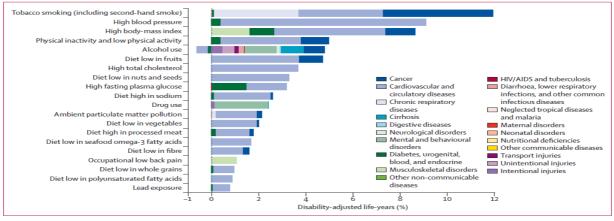


Figure 7: Burden of disease attributable to 20 leading risk factors for both sexes in 2010, expressed as a percentage of UK disability-adjusted life-years. The negative percentage for alcohol is the protective effect of mild alcohol use on ischaemic heart disease and diabetes.

According to the Global Burden of Disease Survey 2010 the top 5 risk factors are tobacco smoking, hypertension, high BMI, physical inactivity, and alcohol, all of which are entirely, or in large part amenable to prevention (significant weight loss through calorie restriction or bariatric surgery leads to a cure rate for hypertension and diabetes of over 70% - not an argument for bariatric surgery necessarily, but for the impact of weight loss on hypertension).

All dietary and exercise components together account for 14.3% of the burden of disease.

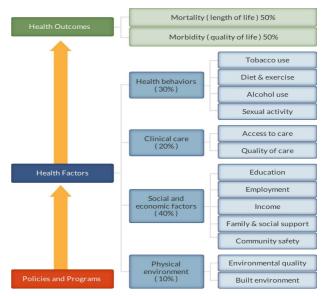
Tobacco smoking alone accounts for 12% of the burden of disease, the single greatest cause of ill health in the UK.

It should also be noted that tobacco smoking, as the single greatest cause of preventable deaths in England, kills over 80,000 people per year, greater than the COMBINED total of preventable deaths from obesity, alcohol, road traffic accidents, illegal drugs, and HIV (source: NICE).

US County Health Rankings

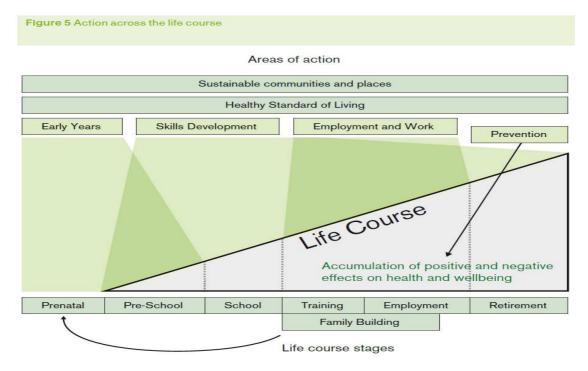
The US County Health Rankings systematic review of determinants of health outcomes estimates the following contributions:

Socio-economic factors: 40% Unhealthy behaviours: 30% Clinical care: 20% Environmental factors: 10%



Marmot Review

The Marmot Review shows us with staggering clarity that health inequalities arise from social inequalities, and action on inequalities require a focus on prevention. Prevention here incorporates both the narrow definition of tackling unhealthy behaviours, and the wider definition of action on socio-economic determinants to prevent the onset of ill-health in the future.



3. Outcomes for people in Surrey

Surrey's Joint Strategic Needs Assessment (JSNA) provides a vast range of information, measures and indicators regarding the population in Surrey and includes information about the 'risk factors', outcomes and lifestyle choices of those living in the County.

The JSNA tells us:

- Life expectancy is 6.3 years lower for men and 4.0 years lower for women in the most deprived areas of Surrey than in the least deprived areas. Poverty is also linked to poor health outcomes for children.
- On average in Surrey, boys aged 11 to 18 years eat 3 portions of fruit and vegetables per day and girls eat 2.8 portions per day. Only 11% of boys and 8% of girls in this age group met the '5-a-day' recommendation.
- ➤ 14% of children in year 6 are classed as 'obese', this is five percentage points below the English average of 19%.
- Only around a third of adults (32.5%) in Surrey eat the minimum of five fruit and vegetables per day.



- In 2010, 12% of adults in Surrey did the recommended amounts of physical activity (5 x 30 minutes of moderate activity every week).
- About 25% of people aged 16+ in Surrey drink in a way classed as "increasing risk", meaning more than 3-4 units a day on a regular basis. This is the second highest level of "increasing risk" drinking in the country, and is higher than the national average which is 20%.
- On average there are around 550 more deaths in winter than summer in Surrey, some of which can be prevented by improvements in housing conditions.

4. What are we trying to achieve?

Surrey's Health and Wellbeing Strategy describes five outcomes that will be achieved if we are successful – these are:

- > The gap in life expectancy across Surrey will narrow.
- ➤ More people (people means all people children and adults) will be physically active.
- More people will be a healthy weight.
- The current increase in people being admitted to hospital due to drinking alcohol will slow.
- > There will be fewer avoidable winter deaths.

The Public Health Outcomes Framework, which reflects a focus not only on how long people live, but on how well they live at all stages of life, provides a helpful set of measures to help us to track progress.

The Framework, a summary of which is included in appendix one, has two overarching indicators:

- increased healthy life expectancy; and
- reduced differences in life expectancy and healthy life expectancy between communities.

5. Our approach to prevention planning in Surrey

Prevention cuts across all aspects of health and wellbeing – in order to develop a manageable programme of work, the Board began by looking at the evidence base and selecting four areas to focus its initial discussions. These, being the leading causes of ill-health and early death, were:

- Smoking;
- Physical activity / exercise;
- Healthy eating / nutrition; and
- > Alcohol.

The Board held two workshops in January and February 2014 to explore the evidence and begin to identify actions and opportunities for partners from the County Council, District and Borough Councils, Surrey's Clinical Commissioning Groups (CCGs) and Surrey Police to work together. Examples of the types of projects / pieces of work discussed at those workshops are set out in appendices two and three. The intention is for the actions identified and agreed by the Health and Wellbeing Board to complement the actions within the CCG Prevention Plans that the County's Public Health Team have already produced (see appendix 4).

In addition, and to inform the Board discussions and to share good practice, a District and Borough workshop was held in January 2014 – this included presentations from a range of partners including Active Surrey, Sustrans¹, Guildford Borough Council's food safety team, Reigate and Banstead Borough Council's Community Safety Team and the County Council Trading Standards Team.

6. Next steps and proposed approach

Through this report, the Board was asked in March to endorse a two-staged approach to prevention planning. At a high level, this two staged approach was:

Stage one of the Surrey prevention planning

- CCGs to incorporate their CCG Prevention Plans into their local strategic and operational plans; and
- Further work to be undertaken across all six CCG areas in Surrey to further develop, refine and agree the CCG / District and Borough / Public Health actions identified in the Health and Wellbeing Board workshops in January and February 2014.

Stage two of the Surrey prevention planning

- ➤ Health and Wellbeing Board workshops to be held March 2015 focussing on the wider prevention agenda (including, for example, air quality and accident prevention which are the focus of the Annual Public Health Report, Part Two);
- Discuss and agree governance arrangements for overseeing delivery of local action plans; and
- > Prepare and present a Surrey Prevention Plan (covering stages one and two) for approval by the Health and Wellbeing Board.

Alongside the approach proposed above:

The Annual Public Health Report

- The Annual Public Health Report (to be produced by the Director of Public Health) will focus on the evidence to support the prevention planning for stages one and two; and
- ➤ This prevention plan will not be developed or implemented in isolation there are interdependencies with numerous other regional and local strategies and programmes.

¹ Sustrans is a UK charity that aims to enable people to travel by foot, bike or public transport for more of their everyday journeys.

7. Progress since the March Board Meeting

Each CCG with their local district and borough councils is progressing a local prevention plan based on local population need and their local priorities. The plans are being developed with local leaders and stakeholders based on these priorities via the local health and wellbeing boards. The Public Health Team are structured by both subject lead areas and geography across the county of Surrey. This means that there is a small team of PH Leads and a PH Consultant working with each CCG and the district and borough councils in that geographical area to further develop the local prevention plan.

Progress to date by CCG and D&B area:

Surrey Heath CCG and D&B

The Surrey Heath Prevention Plan is currently in draft and was presented to the Surrey Heath Health and Wellbeing Group on September 11th. The SH HWB has the CCG, D&B (officers and councillors), SCC ASC and PH representatives.

Feedback at the Board was:

- Overall well received and an improvement on the limited set of HWB actions that had been developed previously.
- The SH HWB would like to see Health Visiting includes in the "cross-cutting services" section.
- More information on Youth Counselling services.
- More information on the monitoring and outcomes of the Supporting Families Programme (Surrey Heath team).
- Metrics on Children's Centre use and whether they are attended by those most in need of their services.
- More links to the Surrey Heath Fuel Poverty Strategy.
- An update to the "minor" public health campaigns that could be supported (e.g. self-care week).
- Be clearer on what elements of Surrey-wide services are available in Surrey Heath (and eventually to be able to define the Surrey Heath spend).

For the next version (to be produced for the next SH HWB on Nov 27th) we aim to:

- Further prioritise the topic areas by looking at both value (cost & quality) and ease of implementation within the timescale of the plan.
- Add in updates that topic leads sent through to me but not in time for the Sep 11th meeting.
- Include a section for self-harm.
- Develop the metrics and data source sections.
- Firm up the Action Plans for each topic be clearer on leads/timescales and current progress.

 Develop the "active and supportive communities" section (essentially Friends, Family and Community).

East Surrey CCG

East Surrey CCG wanted a simple brief action plan, so the prevention plan has been developed to reflect this request. The action plan focuses on the HWB prevention priorities plus Excess Winter Deaths and Long Term Conditions, to align to the Surrey HWB Prevention Plan plus local priorities.

The prevention plan includes suggested actions the CCG could take and actions individual practices could take. The CCG recognises the importance of their member practices owning and supporting delivery of the plan. It is going to the Practices Commissioning Committee in October for discussion. Key questions we will be asking are;

- Are these the right priorities?
- Are the CCG and practice actions the right ones?
- What will your practice's priorities be?
- What do you need to implement this?

ESCCG will build in prevention to all care pathway reviews planned as part of their 2 year plan/QIPP/BCF. Further work needs to be undertaken to align the CCG prevention priorities to the D&B prevention priorities to deliver locally together. A lot of work is already underway delivering the local D&B prevention priorities which include supporting older people's independent living, health checks and others.

North West Surrey CCG

In North West Surry the prevention plan is embedded in the CCG Two year Strategic Operating (delivery) Plan (SOP). The prevention section sits within the Targeted Communities strategic change programme, one of five programmes within the NW Surrey CCG SOP. PH

- The programme brief has been approved by the CCG clinical executive.
- Each project in the targeted communities change programme will have a PID which we are developing over the next few weeks.
- The programme is managed by the Targeted Communities Strategic Change Programme Board, chaired by Dr Munira Mohammed. There are representative from each of the 4 districts and boroughs in the NW. We are aiming to ensure that the prevention plans at the four district and boroughs are aligned to the CCG prevention plans.
- Each of the 4 district and boroughs have a local health and well being board, or similar themed and named group.

Guildford & Waverley CCG

The Guildford and Waverley CCG draft prevention plan is going to the October CCG Governing Body to ensure ownership as progress will depend on various people and committees at the CCG. We are seeking to include additional sections on early identification and control of long term conditions and diet, specifically malnutrition.

- Guildford and Waverley CCG are committed to developing a prevention plan, which
 focuses on physical activity, alcohol, smoking and mental health. The plan will be
 taken to a CCG board meeting in the autumn.
- Guildford Borough Council are prioritising physical activity, smoking, alcohol, health inequalities and implementation of the Workplace Wellbeing Charter in their health and wellbeing strategy which will be taken to the Guildford HWB Board meeting in October.
- Waverley HWB Partnership have focussed on a range of areas, including developing leisure centres as wellbeing hubs, workforce issues around the caring profession, and mental health.

Surrey Downs CCG

The Surrey Downs Prevention Plan has been presented to the Surrey Downs CCG Executive.

Priority areas for Surrey Downs are undiagnosed hypertension, dementia, diabetes and Chronic Obstructive Pulmonary Disease, malignant melanoma, excess winter deaths and families living with domestic abuse.

The modifiable risk factors associated with these priorities are smoking, alcohol intake, overweight and obesity, sedentary behaviour and protection in hot weather.

The priority populations for Surrey Downs are Gypsy Roma Travellers, older adults, carers and children living in poverty.

An action plan has been developed and has been broadly adopted in principle by the CCG Executive. The CCG want to target increasing risk drinkers in their area plans are being developed to consider the best way of achieving this given the current low uptake of health checks. CCG are also supportive of the idea of increasing referrals into the Stop Smoking service by targeting MH and maternity patients. Also considering targeting smokers who have been referred for surgery through the Referral Support Service. Also being considered is the idea of providing a spirometry test in the new patient check for smokers, without it costing any more. This tells the patient their lung age and is a good tool to encourage smokers to consider a quit attempt.

Appendix one – the Public Health Outcomes Framework 2013 – 2016

VISION

To improve and protect the nation's health and wellbeing and improve the health of the poorest feeters

Outcome measures

Outcome 1) Increased healthy life expectancy, i.e. taking account of the health quality as well as the length of life.

Outcome 2) Reduced diffusiones in life expectancy and healthy life expectancy between communities (through greater improvements in more disadventaged communities).

Alignment across the Health and Care System

- Indicator shand with the NHS Outcomes Framework.
- Complementary to indicators in the NHS Outcomes Framework.
- Indicator shared with the Adult Social Care Outcomes Framework
- †† Complementary to indicators in the Adult Social Care Outcomes Framework

Indicators in italics are placeholders, pending development or identification

Public Health Outcomes Framework 2013–2016 At a glance

Improving the wider determinants of

Objective

Improvements against wider factors which affect health and wellbeing and health inequalities

Indicators

- 1.1 Children in powerty
- 1.2 School readiness
- 1.3 Pupil absonce
- 1.4 First time entrants to the youth justice system
- 1.5 18-18 year olds not in education, employment or training
- 1.6 Adults with a learning disability / in contact with secondary montal health services who five in stable and appropriate accommodation! IASCOF 1G and 1HI
- People in prison who have a montal liness or a significant mental liness
- 1.8 Employment for those with long-term health conditions including adults with a learning disability or who are in contact with secondary mental health services "(i-NHSOF 2.5) †† (ii-HEASOF 16) "(ii-NHSOF 2.5) †† (ii-ASOF 16)
- 1.9 Sickness absonce rate
- Killad and sariously injured cossalties on England's roads
- 1.11 Domestic abuse
- 1.12 Violant crime (including saxual violance)
- 1.13 Re-offending levels
- 1.14 The percentage of the population affected by troise.
- 1.15 Statutory homologoness
- 1.16 Utilisation of outdoor space for exercise / health reasons
- 1.17 Fuel payorty
- 1.18 Social isolation + (ASCOF 11)
- Older people's perception of community salary # (ASCOF 4A)

2 Harth Incompanie

Objective

People are helped to live healthy lifestyles, make healthy choices and reduce health inequalities

Indicators

- 2.1 Low birth weight of som babies
- 2.2 Brastlooding
- 2.3 Smoking status at time of delivery.
- 2.4 Under 16 conceptions
- 2.5 Child development at 2 2 1/2 years
- 2.6 Excess weight in 4-5 and 10-11 year olds.
- Hospital admissions caused by unintentional and deliberate injuries in children and young people aged 0-14 and 15-24 years
- 2.6 Emotional wall-being of looked after children
- 2.9 Smoking provalence 15 year olds (Placeholder)
- 2.10 Self-harm
- 2.11 Dist
- 2.12 Excess weight in adults
- 2.13 Proportion of physically active and inactive adults
- 2.14 Smoking prevalence adults lover 18st
- 2.15 Successful completion of drug treatment
- People entering prison with substance dependence issues who are previously not known to community treatment
- 2.17 Recorded diabetes
- 2.18 Alcohol-related admissions to hospital
- 2,19 Cancer diagnosaid at stage 1 and 2
- 2.20 Cancer screening coverage
- 2.21 Access to non-cancer screening programmes
- 2.22 Take up of the NHS Health Check programme - by those eligible
- 2.23 Self-reported well-being
- 2.24 Injuries due to falls in people aged 65 and over

3 Health protection

Objective

The population's health is protected from major incidents and other threats, whilst reducing health inequalities

Indicators

- Fraction of mortality attributable to particulate air poliution
- 3.2 Chlamydia diagnosas (15-24 year olds)
- 3.3 Population vaccination coverage
- People presenting with HV at a late stage of infection
- 3.5 Treatment completion for TB
- Public sector organisations with board approved sustamable development management plan
- Comprehensive, agreed inter-agency plans for responding to health protection incidents and emergencies

Healthcare public health and preventing prometure mortality

Objective

Reduced numbers of people living with preventable. If health and people dying prematurally, whilst reducing the gap between communities.

Indicators

- 4.1 Infant mortality" (NHSOF 1.0)
- 4.2 Tooth decay in children aged 5
- Mortality rate from causes considered proventable " (NHSOF ta)
- Under 75 mortelity rate from all cardiovescular diseases (including heart disease and stroke)" (NHSOF 1.1)
- 4.5 Under 75 mortality rate from cancer" (NHSOF 1.4)
- 4.5 Under 75 mortality rate from liver disease* (NHSOF 1.3)
- 4.7 Under 75 mortality rate from respiratory dissesses" (NHSOF 1.2)
- 4.8 Mortality rate from communicable diseases
- Excess under 75 mortality rate in adults with serious mental those? (NHSOF 1.5)
- 4.10 Suicida rata
- Emergency readmissions within 30 days of discharge from hospital" (NHSOF 3b)
- 4.12 Proventable right loss
- 4.13 Health-related quality of life for older people
- 4.14 Hip fractures in people aged 65 and over
- 4.15 Exposs winter deaths
- 4.16 Estimated diagnosis rate for people with demonts * (NHSOF 2.6)

Appendix two - local actions agreed at the Health and Wellbeing Workshop on 9 January 2014

CCG/D&B	Rationale	What action	Who by	When and next steps	Measure of Success
Surrey Heath, Guildford and Waverley CCGs	Smoking has a big overall impact on health and wellbeing	Involving targeted local communities in a different model of delivery of Stop Smoking interventions e.g. Smoking clinics in pubs	PH stop smoking team CCG's, D and Bs on the wider smoking issues Targeting GP practices in areas of high prevalence. Involve Voluntary sector (Carol Dunnett)	Immediate	Improved numbers of quits and improved quit rates
Surrey Heath, Guildford and Waverley CCGs	Improving opportunitie s for physical exercise in daily routine e.g. work	Stair marking in workplaces showing the number of calories used if people use the stairs rather than the lift. Has an evidence base and has been tried before in other areas. Easy to do by everyone and all partners	PH team, CCG and D& Bs	Discussions to start with partners on feasibility within work places e.g. SCC and D and B offices	Slow down overall increase in obesity rates. Increase level of physical activity within population
Surrey Downs CCG, Mole Valley and Reigate & Banstead BC	Improving health and wellbeing with particular focus on the wider determinant s of health	Social prescribing of physical activity, emotional wellbeing activity and befriending schemes.	CCG and D& Bs	To start by scoping referral route between GPs and D&B services	Improved health and emotional health outcomes
Surrey Downs CCG, Mole Valley and Reigate & Banstead BC	Reduction in health inequalities by targeted intervention s	Making better use of the existing Family Support Programme by adopting wider reach criteria.	CCG and D&Bs	Scope	Improved health outcomes
Surrey Downs CCG, Mole Valley and Reigate & Banstead BC	Widening the PH workforce for better health outcomes	Developing multidisciplinary skill sets by training frontline staff in brief interventions (staff in job centres , GP surgeries, schools, housing dept and benefits agency)	PH, D&Bs, CCGs	Scope the training offer and how this will be offered	Increased specialist workforce Improved health outcomes
Surrey Downs CCG, Mole Valley and Reigate & Banstead BC	A focus on alcohol which is one of the leading causes of ill health	Patch targeting by Trading Standards and licensing based on risky drinking and antisocial behaviour information.	SCC, D&Bs, Police and PH	Scope what needs to be done and add to the alcohol strategy	Improved health outcomes and reduction in A&E attendances due to alcohol

methods will be local.

East Surrey CCG and Reigate and Banstead BC	Having one pot of money that many organisation s contribute to (like the Better Care Fund).	This would help delivery of preventative initiatives where one organisation invests (the money, time, effort) and another organisation gains the benefits. An e.g. initiative Booze Bus outside hospital	PH, CCGs and D&Bs	Further scoping	TBC
East Surrey CCG and Reigate and Banstead BC	Focused work on increasing physical activity a key priority for improving health outcomes	GP prescribing physical activity with the incentive of free gym membership for one month	CCG and D&Bs	Scope the referral	Increased physical activity Improved health outcomes
East Surrey CCG and Reigate and Banstead BC		A service that provides blood pressure monitors or an ECG in different locations like libraries or leisure centres	CCGs, D&Bs	Scope the evidence base	
East Surrey CCG and Reigate and Banstead BC	Linking up GPs to the Neighbourh ood Policing Teams—	GPs could refer patient's details onto policing team to follow up on, to prevent reoccurrence?	CCGs, D&Bs, Police	Scope the evidence base	
East Surrey CCG and Reigate and Banstead BC	Birmingham City Council provides leisure centre services free of charge.	D&Bs to offer leisure services free of charge	D&Bs	Cost / benefit evidence for this is not clear – would need to be investigates before exploring in Surrey.	
East Surrey CCG and Reigate and Banstead BC	Police and CCG keen to work together on occupational health	Districts and Boroughs are leading on the Workplace Health Charter. Could the Police and Primary Care practices be included as workplaces?	D&Bs, PH, CCGs and Police	Include in the plans for roll out post the pilot in April	Improved health outcomes
East Surrey CCG and Reigate and Banstead BC	Targeted joint working with the elderly frail at a local level	GPs should share the risk stratification tool with borough and district councils to enhance effectiveness and outcomes	CCGs, D&Bs	Further scoping of what information would be shared and link into Better Care Fund action plans	Improved health outcomes

CCG and Woking priority Woking. Groundin (smoking, alcohol, physical activity and nutrition) and H&W children's priority. Strong evidence base regarding implementing g'early help'. (Marmot life course) Find recent research on 'family nursing' and differentiated where necessary. Evidence based: effective prevention in early years support but not over professionalised e.g. use	NW Surrey	Linking H&W	Focus on 'early help' in	SCC CSF, CCG, D&B,	Scoping to be	Strategic fit with
Borough Council (smoking, alcohol, physical activity and nutrition) and H&W children's priority. Strong evidence base regarding implementin g 'early help'. (Marmot life course) Find recent research on 'family nursing' and circulate. Principles: Universally available services but targeted and differentiated where necessary. Evidence based: Evidence base ecourse) Find recent research on 'family nursing' and circulate. Principles: Universally available services but targeted and differentiated where necessary. Evidence based: effective prevention in early years support but not over	CCG and	prevention	targeted communities in	PH	completed by end	priorities of all
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nutrition) and H&W children's priority. Immediate action: clarify priority. needs regarding prevention in early years from NW Surrey JSNA. Ensure strategic fit with all key partners: NW Surrey CCG, Surrey County Council (CSF, ASC and PH), Woking Borough Council (Marmot life course) Find recent research on 'family nursing' and circulate. Principles: Universally available services but targeted and differentiated where necessary. Evidence based: effective prevention in early years support but not over		physical	Surrey CCG 'targeted	help' perspective.		
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evidence base regarding implementin g 'early help'. (Marmot life course) Find recent research on 'family nursing' and circulate. Principles: Universally available services but targeted and differentiated where necessary. Evidence based: effective prevention in early years support but not over			prevention in early years			
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regarding implementin g 'early help'. (CG, Surrey County Council (CSF, ASC and PH), Woking Borough Council and Area Team Find recent research on 'family nursing' and circulate. Principles: Universally available services but targeted and differentiated where necessary. Evidence based: effective prevention in early years support but not over		evidence		(SCC- PH)		
implementin g 'early help'. (Marmot life course) Find recent research on 'family nursing' and circulate. Principles: Universally available services but targeted and differentiated where necessary. Evidence based: effective prevention in early years support but not over		base	Ensure strategic fit with all			
g 'early help'. (Marmot life course) Find recent research on 'family nursing' and circulate. Principles: Universally available services but targeted and differentiated where necessary. Evidence based: effective prevention in early years support but not over		regarding	key partners: NW Surrey			
help'. (Marmot life course) Find recent research on 'family nursing' and circulate. Principles: Universally available services but targeted and differentiated where necessary. Evidence based: effective prevention in early years support but not over		implementin	CCG, Surrey County			
(Marmot life course) Find recent research on 'family nursing' and circulate. Principles: Universally available services but targeted and differentiated where necessary. Evidence based: effective prevention in early years support but not over		g 'early	Council (CSF, ASC and PH),			
Find recent research on 'family nursing' and circulate. Principles: Universally available services but targeted and differentiated where necessary. Evidence based: effective prevention in early years support but not over		help'.	Woking Borough Council			
Find recent research on 'family nursing' and circulate. Principles: Universally available services but targeted and differentiated where necessary. Evidence based: effective prevention in early years support but not over		(Marmot life	and Area Team			
'family nursing' and circulate. Principles: Universally available services but targeted and differentiated where necessary. Evidence based: effective prevention in early years support but not over		course)				
circulate. Principles: Universally available services but targeted and differentiated where necessary. Evidence based: effective prevention in early years support but not over			Find recent research on			
Principles: Universally available services but targeted and differentiated where necessary. Evidence based: effective prevention in early years support but not over			'family nursing' and			
available services but targeted and differentiated where necessary. Evidence based: effective prevention in early years support but not over			circulate.			
targeted and differentiated where necessary. Evidence based: effective prevention in early years support but not over			Principles: Universally			
differentiated where necessary. Evidence based: effective prevention in early years support but not over			available services but			
necessary. Evidence based: effective prevention in early years support but not over			targeted and			
Evidence based: effective prevention in early years support but not over			differentiated where			
prevention in early years support but not over			necessary.			
prevention in early years support but not over			Evidence based: effective			
support but not over						
			·			
of peer support.						

Appendix three - on 6 February 2014 the Board assessed the identified projects for each CCG/D&B area against both the Board Principles and the Strategy Outcomes.

Health and Wellbeing Board Principles

CCG/D&B Projects	Centred on the person, their family and carers	Early Intervention	Opportunities for integration	Reducing Health Inequalities	Evidenced based	Improved outcomes
East Surrey –						
Alcohol better	٧	√	٧	٧	٧	V
info sharing						
East Surrey -		V	٧		٧	V
Licencing	X			X		
East Surrey –	٧	V	٧	٧	٧	V
pooled budgets						
East Surrey - GP exercise on	٧	V	٧	٧	٧	٧
referral						
East Surrey –		,	,	,	,	,
Workplace Health	Х	٧	٧	٧	٧	٧
Charter						
East Surrey – frail			-1			-1
elderly social	√	٧	٧	٧	٧	٧
prescribing	,	,	,	,		,
Surrey Downs –	٧	٧	٧	٧	٧	٧
Social Prescribing						
Surrey Downs –	_,		- 1	-1		-,
Family Support	√	٧	٧	٧	٧	٧
Programmes					1	
Surrey Downs –	_,		- 1	- 1	2	
Developing	٧	٧	٧	٧	,	?
multidisciplinary skills						
Surrey Downs – Alcohol	V	V	V	V	V	٧
intelligence in	V	V	V	V	V	V
enforcement						
Surrey Downs –						
Workplace Health	V	V	Х	V	?	?
Charter		v	^	, v		
North West						+
Surrey – Teenage	V	V	V	V	V	V
Conceptions			•	•	ľ	ľ
North West						
Surrey –	V	V	V	V	V	V
emotional			ľ		Ĭ	
wellbeing						
children						
North West						
Surrey –	V	V	V	V	٧	V
childhood obesity			-			
North West						
Surrey - Alcohol	V	V	V	V	٧	V
North West	•	•	•	1	†	1
Surrey - smoking	V	V	V	V	V	V
North West	•	•	•	•	•	
Surrey - Nutrition	V	V	V	V	V	V

		T	T	T		Τ
North West						
Surrey – Physical	٧	V	V	V	V	V
activity						
North West						
Surrey – Targeted	٧	V	V	V	V	٧
awareness						
Guildford &						
Waverley, Surrey	٧	V	V	٧	٧	٧
Heath and NE						
Hants & Farnham						
– targeted						
smoking						
cessation						
Guildford &						
Waverley, Surrey		٧			٧	٧
Heath and NE						
Hants & Farnham						
- Physical activity						
(stairs &						
employers)						
Guildford &						
Waverley, Surrey	V	٧	٧	V	٧	٧
Heath and NE		-	-	-	-	-
Hants & Farnham						
targeted						
physical activity						
offer						
Guildford &						
Waverley, Surrey	?	٧V	?	٧	٧	٧
Heath and NE	-		-	-	-	-
Hants & Farnham						
– YP smoking						
prevention						
prevention						

Health and Wellbeing Board Outcomes

CCG/D&B Projects	Gap in Life Expectancy narrowed	More people physically active	More people with a healthy weight	Increase in alcohol admissions slowing	Fewer avoidable winter deaths
East Surrey – Alcohol					
better info sharing	V	X	٧	٧	٧
East Surrey - Licencing	V	X	Х	٧	X
East Surrey – pooled budgets	V	٧	٧	٧	٧
East Surrey - GP exercise on referral	٧	٧	٧	X	X
East Surrey – Workplace Health Charter	٧	٧	٧	٧	Х
East Surrey – frail elderly social prescribing	٧	٧	٧	Х	٧
Surrey Downs – Social Prescribing	٧	٧	٧	٧	٧
Surrey Downs – Family Support Programmes	٧	٧	٧	٧	Х

	ı	1	ı		
Surrey Downs –					
Developing	٧	٧	V	٧	V
multidisciplinary					
skills					
Surrey Downs –					
Alcohol intelligence	٧	X	٧	٧	X
in enforcement					
Surrey Downs –					
Workplace Health	٧	٧	٧	٧	X
Charter					
North West Surrey –					
Teenage	X	X	X	Χ	Х
Conceptions					
North West Surrey –					
emotional wellbeing	V	V	V	V	Х
children					
North West Surrey –					
childhood obesity	٧	٧	٧	X	X
North West Surrey -					
Alcohol	V	X	٧	٧	?
North West Surrey -					
smoking	V	X	X	Х	V
North West Surrey -					
Nutrition	V	V	V	V	٧
North West Surrey –					
Physical activity	V	V	V	X	٧
North West Surrey –					
Targeted awareness	V	V	٧	V	٧
Guildford &				-	-
Waverley, Surrey	٧	X	Х	Х	V
Heath and NE Hants					-
& Farnham –					
targeted smoking					
cessation					
Guildford &					
Waverley, Surrey	?	V	V	Х	?
Heath and NE Hants				· ·	
& Farnham -					
Physical activity					
(stairs & employers)					
Guildford &					
Waverley, Surrey	V	V	V	Х	٧
Heath and NE Hants				· ·	
& Farnham –					
targeted physical					
activity offer					
Guildford &					
Waverley, Surrey					
Heath and NE Hants	V	X	х	Х	?
& Farnham – YP	·		ĺ		
smoking prevention					
Smoking prevention	l	<u> </u>	<u>l</u>		

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